

Four Simple Values of Mutual Co-Existence

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Issues - Why is it a difficult nation?

- ▶ It seems so difficult to live among people of different faiths.
- ▶ It seems that different belief systems have nothing in common.
- ▶ It seems that the 'other faith' is always wrong.
- ▶ How can all faiths be 'right'? Only one must be but others aren't.

Four key values to all the issues

- ▶ Accepting that we are truthfully ignorant 99% of the time and that our judgment on others are completely wrong 98% of the time.
- ▶ Accepting that every one person deserves our respect for everyone has a basic inalienable dignity.
- ▶ Ability to leave our 'identity-construct' at will.
- ▶ Ability to express love and empathy for others.

First Key - Wilful Ignorance

- ▶ Do we know everything in this world?
- ▶ If we don't, then what are we arguing about?
- ▶ If we do not know enough to judge, then why are we doing so?
- ▶ Has anyone seen or met God physically or personally?
- ▶ If all faiths says 'no' then all faiths are like the five blind men and the elephant. Everyone arguing about a thing none has ever seen before nor can even form a clear idea of.

First Key - Wilful Ignorance

- ▶ Is it not better to celebrate our 'common ignorance' together?
- ▶ If we know everything, shouldn't we be 'God'?
- ▶ We know we are human simply because unlike God, we don't know very much...do we?
- ▶ 'Religion' is a construct or entity that consists mainly of a group of self-centered individuals separating itself from other self-centered groups.
- ▶ 'Spirituality' is an experience of 'being' and can produce a group of people comfortable with their common ignorance.

Second Key - According dignity to all

- ▶ Ajahm Brahm asks who is the most important person? What is the most important thing to do? When is the best time?
- ▶ Who? - The One in front of you.
- ▶ What? - To Care.
- ▶ When? - Now.
- ▶ A simple lesson of according dignity to whomever is always in your life at any moment in time.

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Second Key - According dignity to all

- ▶ According dignity to others almost always is reciprocated by others to accord dignity to you.
- ▶ Spirituality is the measure of a true person's worth in how he or she treats others all the time, regardless of race, religion, way of life and ideologies.

Third Key - Leaving your 'self'

- ▶ Everyone has accumulated and built many 'identity-selves' in their lives; a father-self, a professional-self, a social-self, a religious-self and many more.
- ▶ All these selves have identity-constructs complete with their own narratives.
- ▶ Conflict arises when one or more selves have been threatened by chipping away from the identity-constructs.
- ▶ In order to avoid conflicts, just leave the identity-self that was threatened for a while. You can return to that self when feelings and emotions calm down.

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Third Key - Leaving your 'self'

- ▶ You must readily and frequently leave your identity-self momentarily and involve in 'self criticism'. In reality, only you and you alone can criticise your 'self'. Other people can't really hurt yourself unless you trap yourself in your 'self's'.
- ▶ The true spiritual self knows no self or identity. It is blissfully empty.

Fourth Key - Feeling Love and Empathy

- ▶ To be human is the ability to feel the pain of others not from his or her own culture. This is empathy.
- ▶ To empathise is to extend a bubble of compassion from the self to encompass the other into that extended bubble.
- ▶ Love is infinite, has no cost and profits nothing from the other and yet makes a 100% profit for the self. The more one spends love the more one profits greatly. Man is taught finite economy. Spirituality teaches the economy of infinite spending. A credit card with no limit of spending!!
- ▶ Space has no end except time. Love and empathy knows no end and has no time limitation.
- ▶ Spirituality is the ability and willingness to extend the bubble of the self to include others in love and empathy.

What is a nation?

- ▶ A group of different individuals who do not care about him or her self but gives priority of caring to others.
- ▶ A nation in no-conflict is a nation willing to embrace ignorance and empathize with the other.
- ▶ A nation with a true identity is a nation that does not hold to one identity.
- ▶ A true nation is a people who depends entirely on each other and each person identifies itself with each and every one in mutual co-existence socially, economically and spiritually.

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What is a nation?

- ▶ A family of seven people are ALL different individuals but united in the same DNA of ONE Family.
- ▶ A nation is an entity of different individual cultures united under One Bangsa, One People, One 'Family'.
- ▶ **We should NOT be One Malaysia but One-MANY Malaysians!!**